







Frozen Cod Cutlets (in Cardboard Box).



Code	Product description
	Pre-cooked breaded fish-based culinary preparation

Product Shelf life

18 months

Availability

All year round

Package

Plastic bag and cardboard

Primary packaging

HDPE bags

Secondary packaging

cardboard box (length/width/height) (300mmx250mmx105mm)

Net weight

3 kg

Net weight carton

3 kg

Mode of use

To be consumed after cooking. In OVEN: place the frozen product in the preheated oven at 200°C and cook for about 15 minutes, in an air fryer at 200°C for 15 minutes, in a pan with a drizzle of oil for 7/8 minutes, turning the product halfway through cooking.

INGREDIENTS

COD* 62.4%, breadcrumbs (soft WHEAT flour type "0", water, salt, brewer's yeast, powdered paprika 0.24%, natural flavors), high oleic sunflower oil, breadcrumbs (soft WHEAT flour type "00", water, salt, brewer's yeast), WHEAT flour, water, potato flakes (100% dehydrated potatoes), mix (vegetable fibers, corn starch, salt, natural flavors (contains FISH), antioxidant: E300), natural flavor. *The species may change during the year based on market availability. The one used is specifically reported on the label.

Transport/storage methods

Transport Temperature: below -18°C Storage/Sale Temperature: below -18°C

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Technical sheet - Version updated to 07/2025

Palletization

Packs per pallet	No. of packs per layer	Layers per pallet	Pallet height (in cm)
144	12	12	126
192	24	8	100,8

External appearance

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Allergens

Contains: FISH, GLUTEN. Cross-contamination (may contain): CRUSTACEANS, MILK, MOLLUSKS, CELERY, MUSTARD, SESAME, SOY, SULFITES, EGGS

Chemical characteristics

Chemical contaminants below the limits set by EU Reg. 2023/915 and subsequent amendments (heavy metals, dioxins, PCBs).

Sensory characteristics

Odor delicate bread and fish scent Color uniform orange breading Texture crispy outside and soft inside

Microbiological characteristics/chemical Average production values				
Carica mesofila aerobia totale	<1.000.000 ufc/g			
Enterobacteriaceae	<10.000 ufc/g			
Escherichia coli	<100 ufc/g			
Stafilococchi c.p.	<100 ufc/g			
Listeria monocytogenes	Assente in 25 g			
Salmonella spp.	Assente in 25 g			

Average nutritional values for 100 g of product

Energy (kJ/kcal): 929/222, fat 11 g of which saturates 1.3 g, carbohydrates 17 g of which sugars 1.3 g, fiber 1.5 g, protein 13 g, salt 0.9 g

Intended use

Food intended for all consumers, except those who have allergies or intolerances to one or more of the ingredients listed above.

Non-conformity management

In case of complaints, alerts/withdrawals, please contact the following numbers: $+39\,0836\,1955986 - qualita@marevivocastro.com$

The packaging material comes from qualified companies that have provided declarations of conformity, is subject to traceability as per EC Reg. 1935/2004 and subsequent amendments, and is suitable for contact with this type of food as per EC Reg. 1895/2005, EU Reg. 10/2011 and Italian legislation D.M. 21/03/1973 and D.P.R. 777/82.